Conscious Discipline
Our fourth and final Conscious Discipline for this calendar year will be Tuesday, December 5th. During this session we will be discussing real-life scenarios and how to handle them.

Feel free to contact me with any questions you might have: sshaver@kcpublicschools.org (318) 792-6381 (my cell #)

Dear Parents,
We are heading into the busy holiday season. With the increased activity, you may notice that your child appears to be whinier than usual or just out of sorts. While we all want the holidays to be perfect, I believe that sometimes our desire to create the ‘perfect’ holiday experience actually creates more stress and anxiety. As we head into this season, I want to encourage you to:
• Remember the importance of the word, NO! Sometimes the biggest gift you can give your child at the holidays is the gift of time—downtime!!
• Keep routines, foods, and schedules as normal as possible, even with all of the craziness.
• Take a look at the link I’ve included to the left to read more about dealing with the holidays.

Thanks,
Sherrie Shaver

Upcoming Events
12/1 Show and Tell
12/4-12/8 Book Fair
12/5 5:00 Tuesday Conscious Discipline
12/8 Movie Night at Hale Cook
12/12 Tuesday, 6:00pm Christmas Program (Pre-K WILL be performing!)
12/21 Winter Party

Link to “Children and Holiday Stress”

Curriculum Corner
This week we will turn our attention to Cookies and Smells (think Gingerbread man!!). Our letter phoneme is Dd this week. We are still working on number formation and will also begin working on quantity concepts.

Winter Party Planning
Believe it or not, it’s time to start planning for our Winter Party. If you signed up OR you didn’t but would like to, please email me this week and we’ll start planning.