2019 EAST Boys and Girls Cross Country Schedule

<Added races for JV B & G>

Sat. Aug 31 – Harrier Classic @ Bingham Middle School - 8am

Tue. Sept. 3 – Northeast Developmental Invitational @ Swope – 3:45 p.m. [1.5 miles for varsity boys and girls and 1 mile for middle school boys and girls]

Tue. Sept. 10 – Les Fields Fellowship Run @ Swope – 3:45 p.m. [2.0 miles for varsity boys and girls, 1.5 miles for JV boys and girls, 1.0 miles for middle school boys and girls]

Tues Sept 24 – Benton Invitational (St. Joseph, Mo)

Tue. Oct. 1 – Richard Samuels Central Invitational @ Swope Park – 3:45 p.m. [5k for varsity boys and girls, 1.5 miles for junior varsity boys and girls, 1.5 miles for middle school boys and girls]

Mon. Oct. 7 – Southeast Invitational @ Swope Park – 3:45 p.m. [5k for varsity boys and girls; 1.5 miles for junior varsity boys and girls; 1.5 miles for middle school boys and girls]

Tue. Oct. 15– E.A. Markey Invitational @ Swope Park – 3:45 p.m. [5k for varsity boys and girls; 1.5 miles for jv boys and girls; 1.5 miles for middle school boys and girls]

Tue. Oct. 22 – I.L. Championship Meet @ Swope Park – 3:45 p.m. [5k for varsity boys and girls; 1.5 miles for junior varsity boys and girls]

Tue. Oct. 29 – Middle School Championship Meet @ Swope Park – 4:45 p.m. 1.5 miles for middle school boys and girls]
Miguel Warren, IL Scheduler
Michael Melling, IL XC Coordinator,
Asst. Coordinator/Starter